

## Erv Ptak Relays @ Menno Track Complex—April 30, 2015

- Teams (as of now):** Menno, Bridgewater-Emery, Marion, Beresford, Tripp-Delmont/Armour, Sanborn Central/Woonsocket, McCrossan Boys
- Track:** New 8 lane rubberized surface. Starting blocks will be provided.
- Eligibility:** SDHSAA rules. **This meet is a SDHSAA sanctioned meet.**
- Entry fee/Admission:** \$120.00 per school (\$60.00/team). Admission will be charged-\$4-adult/\$2-student
- Start time:** 3:30 Field Events and 4:30 Running Events
- Coaches Meeting:** 3:10 PM in the southwest shed. Please bring entry fee.
- Field Events:** Runways are a rubber material and spikes will be allowed on them. Throwing circles are concrete. Official shot and discus must be used. There will be 4 trials in all field events and no finals. Sign up field events at the coaches meeting. Please put best competitors in first flights.
- Entries:** We will be using the sticker system. Each runner for an individual event should have a sticker with the runners name, event, and school's name printed on it. For relays, only one sticker is needed for the last runner with four names on it. **Only ONE entry per school for relays. Please provide your own stickers and write legibly on the stickers.** Heats will be set up at the northeast corner of the track.
- Awards:** Team championship plaque for boys and girls. Medals awarded for eight places, team places for 8 places.
- Team scoring:** **Individual and Relays 10 8 6 5 4 3 2 1**
- Starter:** Dwight Clough, Scotland
- Meet Referee:** Buck Timmins, Mitchell
- Timers/Judges:** Menno School staff members and volunteers from the community.
- Implements:** Implements will be weighed in the southwest shed from 3:00-3:20 pm.
- Concession stand:** The Menno Post Prom will be operating the concession stand at the track field. Each school will receive two free lunch tickets, redeemable at the concession stand.
- Misc. /Rosters:** An athletic trainer from Orthopedic Institute, Sioux Falls will be at the track meet. High school rosters will be taken from the SDHSAA web site. No prelims – all final events. No tape on the track or runways. We will have half tennis balls available. Please keep all camps off the football field. Use the area behind the goal posts or outside the track on south side. No Frisbees, balls, etc. on the football field. Please clean up camp areas.

Any questions, please call at 387-5161, or email at [jacque.liebl@k12.sd.us](mailto:jacque.liebl@k12.sd.us). Please mark **April 28, 2016** as the corresponding date for the Erv Ptak Relays.

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## **Erv Ptak Relays @ Menno Track Complex**

### **Thursday, April 30, 2015**

#### **Schedule of Events:**

**\*We will use a rolling schedule**

#### **FIELD EVENTS:**

3:30	Girls High Jump	4:45	Boys High Jump
	Girls Shot Put		Boys Shot Put
	Girls Triple Jump		Boys Triple Jump
	Boys Long Jump		Girls Long Jump
	Boys Discus		Girls Discus
	Boys Pole Vault		Girls Pole Vault

#### **RUNNING EVENTS:**

4:30	3200 M Run	Girls, Boys
4:50	100 Meter Hurdles	Girls
5:00	110 Meter Hurdles	Boys
5:10	3200 M Relay	Girls, Boys
5:30	100 Meter Dash	Girls, Boys
5:45	800 Meter Relay	Girls, Boys
6:00	1600 Meter Run	Girls, Boys
6:25	400 Meter Relay	Girls, Boys
6:35	400 Meter Dash	Girls, Boys
6:45	300 M Hurdles	Girls, Boys
6:55	Medley Relay (200, 200, 400, 800)	Girls, Boys
7:10	800 Meter Run	Girls, Boys
7:20	200 M Dash	Girls, Boys
7:30	1600 Meter Relay	Girls, Boys

#### **Entries:**

All events final.

Field events will be limited to **3 per team**. Four trials in each event and no finals.

Running events will be limited to **4 per team** with exception of 1600 and 3200 meter runs will be unlimited but will only place three.

Relays--one per school per event.