

Event Schedule:

Coaches Meeting: 9:45

Field Events:

Four throws and four jumps.

10:00	Girls shot put	followed by boys
	Boys discus	followed by girls
	Girls long jump	followed by boys
	Boys high jump	followed by girls
	Boys triple jump	followed by girls
	Girls pole vault	followed by boys

Running Events: All Finals

Starting blocks are furnished

Girls will run first, followed by boys

10:45	3200 M Run	(may run together)
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12:00	3200 M Relay	
	100 M Hurdles	Girls
	110 M Hurdles	Boys
	100 M Dash	
	800 M Relay	
	1600 M Run	
	400 M Relay	
	400 M Dash	
	300 M Hurdles	
	1600 M Medley Relay	
	800 M Run	
	200 M Dash	
	1600 M Relay	